

August 2019 - Menu

Grades K-5 Lunch



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>All of the Grain/Bread items served are Whole Grain Rich. Per USDA, students MUST take at least 3 components as part of their lunch (one must be a fruit or vegetable). S: Items with an (S) can be saved for later V: Vegetarian items **Farm Fresh Fruits: Apple, Orange, Banana – Daily Options: Yogurt & Granola, Deli Cheese Sandwich, Toasted Cheese Sandwich, Vegan Burrito</p>			8-1 Café LA Burger Waffle Cut Fries Fiesta Pinto Beans Frozen Juice Slush	8-2 Chicken Tenders, Homestyle Artisan Roll Petite Baby Carrots - S Vegetable Juice Fruit Cup
8-5 Cheesy Garlic Bread - V Marinara Sauce Cup Petite Baby Carrots - S Fruit - S	8-6 Café LA Burger Roasted Potato Wedges Fresh Garden Salad Frozen Juice Slush	8-7 Smoked Turkey Breast Sandwich Fiesta Pinto Beans Petite Baby Carrots - S Fruit Cup	8-8 Deep Dish Pepperoni Pizza Sweet Corn Fresh Garden Salad Fruit Cup	8-9 Crispy Chicken Filet Sandwich Ruffle Fries Petite Baby Carrots - S Frozen Juice Slush
8-12 Cheesy Pillows - V Sweet Corn Petite Baby Carrots - S Fruit Cup	8-13 All Star Turkey Hot Dog Roasted Potato Wedges Celery Sticks Frozen Juice Slush	8-14 Deli Turkey Ham Sandwich Fresh Garden Salad Petite Baby Carrots - S Fruit - S	8-15 Café LA Burger Waffle Cut Fries Fiesta Pinto Beans Frozen Juice Slush	8-16 Chicken Tenders, Homestyle Artisan Roll Petite Baby Carrots - S Vegetable Juice Fruit Cup
8-19 Whole Grain Cheese Pizza Wedge - V Toasted Cheese Sandwich - V Sweet Corn Petite Baby Carrots - S Fruit Cup	8-20 Bean & Cheese Chimichanga - V Toasted Cheese Sandwich - V Roasted Potato Wedges Petite Baby Carrots - S Frozen Juice Slush	8-21 Oven Fried Chicken Drumstick Aloha Roll Deli Turkey & Cheese Sandwich Fresh Garden Salad Creamy Mashed Potatoes Fruit - S	8-22 Philly Cheese Steak Sandwich Chinese Chicken Salad Aloha Roll Petite Baby Carrots - S Fiesta Pinto Beans OR Campfire Baked Beans Fruit Cup	8-23 Café LA Burger OR Café LA Cheeseburger Yellow Submarine Sandwich OR Classic Tuna Sandwich Lettuce & Tomato Ruffle Fries Fruit - S
8-26 Cheesy Pillows - V Whole Grain Cheese Pizza Wedge - V Toasted Cheese Sandwich - V Roasted Potato Wedges Petite Baby Carrots - S Fruit Cup	8-27 Mini Chicken Corn Dogs Chicken Caesar & Cheesy Bread Cucumber Coins Fiesta Pinto Beans OR Campfire Baked Beans Frozen Juice Cup	8-28 Teriyaki Beef Dipper Rice Bowl Deli Turkey & Cheese Sandwich Broccoli Buds Petite Baby Carrots - S Fruit - S	8-29 Taco Bean Dip Crunchy Tortilla Chips Chinese Chicken Salad Aloha Roll Sweet Corn Tangy Salsa Cup Fruit Cup	8-30 ADMISSION DAY

Daily Got Milk Options: White Low Fat 1%, White Fat Free, White Non-Fat Lactose Free, Chocolate Non-Fat

MENUS ARE SUBJECT TO CHANGE

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